



Sept. 7, 2017 | Visit our website

## September is Atrial Fibrillation Awareness Month - Learn About This Common Heart Rhythm Disorder

### AFib Feels Like...



...DRUMS  
**POUNDING**  
IN MY CHEST.



...THUNDER  
**RUMBLING**  
IN MY CHEST.



...FISH  
**FLOPPING**  
IN MY CHEST.

Sarver Heart Center's **electrophysiology cardiologists** offer several web articles to help you understand more about atrial

fibrillation, a heart rhythm disorder that affects about 3 million people in the United States. [Visit the Heart Rhythm webpage](#) to read about reducing the fear factor related to stroke risk, questions to ask your doctor and lifestyle to prevent or minimize the impact of AFib.

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## Sarver Heart Center Welcomes Two Cardiologists

The Sarver Heart Center welcomed two cardiologists to the UA College of Medicine-Tucson, Division of Cardiology this summer.



**Sophia Airhart, MD**, joined the **Advanced Heart Disease Team** as an assistant professor and a heart failure specialist with the Advanced Heart Failure, Mechanical Circulatory Support and Cardiac Transplantation Team at Banner - University Medical Center Tucson. Dr. Airhart is board certified in internal medicine, cardiovascular

disease, and echocardiography, and board eligible in advanced heart failure and transplantation.



**Satinder Singh, MD**, joined as assistant professor of medicine and general cardiologist. A 2017 graduate and chief fellow of the UA College of Medicine Cardiovascular Disease Fellowship Program, Dr. Singh is board certified in internal medicine and board eligible in cardiovascular disease. He primarily sees patients at Banner - University Medical Center South.

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## The Heart of Women's Health Lies Deep Within the Chest. Join us Nov. 3.



**Register online for the November 3** Sarver Heart Center Women's Heart Health Education Committee's "Heart of Women's Health" luncheon, focused on women and heart disease. **Elizabeth Juneman, MD**, will discuss why we should be looking more deeply into matters of a woman's chest, not just the breast. **Dr. Khadijah Breathett**, who is joining our faculty later in September, also will present on gender and racial disparities in health care.



**Dr. Gordon Ewy**, director emeritus of Sarver Heart Center, professor emeritus of the UA College of Medicine - Tucson, and founder of the Women's Committee, will be honored with the Mary Anne Fay Women's Heart Health Advocate Award. Dr. Ewy, who was named a "CPR Giant" during his career by the American Heart Association, recently received an [honorary doctor of science degree from Georgetown University](#), where he completed his residency and fellowship training and served on faculty before joining the University of Arizona in 1969.

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## Opening Minds, Mending Hearts, Tackling Brain Health: Learn what's been keeping Dr. Nancy Sweitzer busy.



UA News featured the work of **Nancy K. Sweitzer, MD, PhD**, in two feature stories last month: "**UA Team Tackles Better Brain Health**" covers the bypass surgery clinical research she is leading in collaboration with **Lee Ryan, PhD**, a psychologist, and **Meredith Hay, PhD**, a physiologist. "**Opening Minds and Mending Hearts**" highlights her work as director of Sarver Heart Center and chief of cardiology.

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## Video Online for Preventing Heart Disease for 25 Years: What We've Learned



The **Heart Series** celebrated 25 years of continuous instruction by **Charles Katzenberg, MD**, and **Edna Silva, RN**, with a community lecture on Aug. 13. You can **watch the one-hour lecture online** plus videos of panelists, including **Adina Wingate**, director of marketing and public relations at Pima Council on Aging who completed the program 14 years ago; **Rusty Kothavala**, who completed the program about four years ago; and **Mary Mock**, a alumna from two years ago. The next Heart Series begins Oct. 3.

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## Want to Participate in Clinical Research?



Patient care advances rely on good clinical research. Please complete a **Cardiology Research Registry Information Form** to learn about new clinical research studies for which you may be eligible.

[Read more](#)

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## Support Sarver Heart Center's Mission



The Sarver Heart Center was built literally on the foundation set by generous donors who are committed to our mission. Whether you can contribute your time, talent or treasures, we invite you to explore the many ways to support the Center.

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