

## Turning a Heart Attack into an Attack on Heart Disease in Women



In 1999, Mary Anne Fay's life took a detour when she learned that the pain in her jaw was not a suspected ear infection, but a heart attack. Surprised to find herself—along with her husband Mark—among the ranks of heart patients, she joined him on the UA Sarver Heart Center Advisory Board in 2003. In 2004, when Dr. Ewy sought an advisory board member to help the Center launch a focus on heart disease in women, Mary Anne volunteered to chair the Women's Heart Health Education Committee.

Under her leadership, the committee helped the Center develop relationships that have led to significant contributions, including the Allan and Alfie Norville Endowed Chair for Heart Disease in Women Research. The group launched

an annual October luncheon to raise awareness about women and heart disease (see "Save the Date" on page 12), organized numerous health lectures in Tucson and other communities, and established the Community Coalition for Heart Health Education for Women of Color.

When the Sarver Heart Center developed the *Mary Anne Fay Heart Health Advocate of the Year Award*, it was only fitting that the inaugural award was given to its namesake.

"It is a privilege to be Mary Anne's cardiologist. She has done so much to turn a life-threatening condition into an educational crusade for better understanding of the symptoms of heart disease in women and for advancing cardiovascular research and patient care," says Gordon A. Ewy, MD, director of the UA Sarver Heart Center. ♥

## In Memory of Valerie Vance-Goff

Our condolences are extended to the family of long-time UA Sarver Heart Center advisory board member Valerie Vance-Goff, who lost her battle against lymphoma this past February. She and her late-husband Bob, who suffered from heart disease, were great supporters of Sarver Heart Center.

Valerie started her career in the food and beverage industry, including stints in Beverly Hills and Tanzania. She had a great enthusiasm for learning and for connecting people. During the 1990s, she was a leading member of the Sarver Heart Center's Heart to Heart Committee that advocated for changes



on restaurant menus and improvements inpatient services.

During this time, Valerie and Bob were entrepreneurs in Tucson's optics industry and leaders in the burgeoning optics cluster. She helped create and served on the board of the Arizona Optics Industry Association in addition to providing administrative support for professional organizations such as the National Association of Women Business Owners, Tiempo Tucson and The Breakfast Club of Tucson.

We will always remember her work to help build the UA Sarver Heart Center. ♥