



May 2, 2022

Member Updates

Farewell Reception Held for Dr. Nancy K. Sweitzer



Nancy K Sweitzer, MD, PhD, director of the Sarver Heart Center, recently announced she is leaving Tucson for her next chapter at Washington University in St. Louis, Missouri. Colleagues and friends of the Sarver Heart Center gathered at the beginning of April to celebrate Dr. Sweitzer for her dedicated years of service to the University of Arizona.



The Sarver Heart Center Minority Outreach Committee presented Dr. Sweitzer with a certificate of recognition for her dedicated service.



Sarver Heart Center colleagues gather to wish Dr. Sweitzer future success.

Your Support Has Big Impact

Grand Rounds



This Friday at 12:00 p.m.

Charles Lowenstein, MD is visiting the Sarver Heart Center from Johns Hopkins University School of Medicine to present "Cardiovascular Complications of COVID-19."

[Click here for more information about the presentation](#)

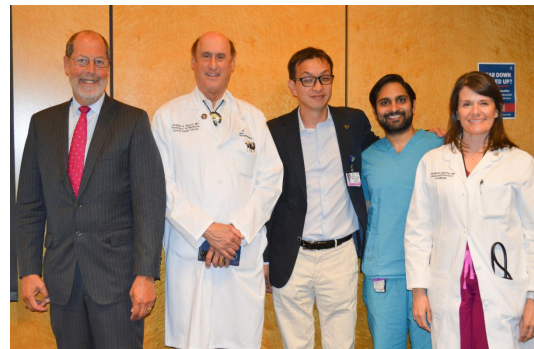
Judith Hochman, MD, virtually presented "The Role of Revascularization in SIHD: a Deep Dive into ISCHEDMIA"

[Click here](#) to watch her presentation.



Robert C. Hendel, MD, MACC, FAHA, MASNC traveled to the Sarver Heart Center from Tulane University to present "The Right Test for the Right Patient at the Right Time."

[Click here](#) to watch his presentation.



L. Kristin Newby, MD, MHS from Duke University presented "Navigating the Implementation of High Sensitivity Troponin Assays in the US."

[Click here](#) to watch her presentation.



Stanley Hazen, MD, PhD, visited the Sarver Heart Center virtually from the Cleveland Clinic for his Grand Rounds presentation "Gut Microbial Contribution to Residual Cardiovascular Risk."

[Click here](#) to watch his

presentation.



Learn How To Give

Expanding Our Reach



The Sarver Heart Center's Minority Outreach Committee organized a Lunch & Learn on April 23rd on Hypertension. Speakers included: **Fiona Bailey, PhD** (left), **Melissa Dye**, **Celia Valenzuela, MD**, and **Latefa Duhart, MD**. More than 100 people registered to learn the importance of monitoring your blood pressure at home.



Karl Kern, MD spoke with a group of students from the Gregory School at the Sarver Heart Center in an American College of Cardiology Arizona Chapter High School Simulation Grand Event organized by **Kwan Lee, MD**. Several other members of the Sarver Heart Center spoke to the students.

How Does Your Diet Impact Your Heart Health?

Sarver Heart Center associate professor **Namit Rohant, MD, FACC** went live on Facebook to discuss the important connection between your diet and heart health. **Claire Luo, MS, RD** and **Kinsey Torbert, RD, CCTD** from Banner University Medical Center - Tucson provided tips to making heart-healthy decisions. If you missed it, you can **watch it here**.

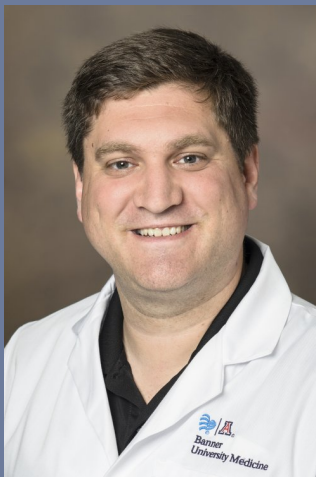


In the News



Heart Rhythm Monitor Implanted after MI Does Not Prevent CV Events

In patients after myocardial infarction, implanting a loop recorder led to successful detection of arrhythmias and initiation of treatment, but did not significantly impact cardiovascular events although there was a trend to reduction in the highest risk subgroup, according to the results of a new study. Sarver Heart Center member **Julia Indik, MD, PhD**, a professor of medicine at the University of Arizona College of Medicine – Tucson, is quoted commenting on the results in [this article](#).



Everyday Health's Sleep Twitter Chat: Here's What You Missed

Top sleep experts, including Sarver Heart Center member **Michael Grandner, PhD**, director of the Sleep and Health Research Program at the College of Medicine – Tucson, discuss what healthy sleep means, how it improves your health and how to make it better.

[Text Link](#)



Popular Hypertension-related Videos on TikTok Often Not Backed by Medical Literature, Found New Study

Popular videos on TikTok offering high blood pressure guidance frequently focus on alternative medicine, according to a study presented at the American College of Cardiology's 71st Annual Scientific Session. Sarver Heart Center member **Arka Chatterjee, MD**, an associate professor at the College of Medicine – Tucson, mentored the research team.

[Text Link](#)

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