



Sarver Heart
Center

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Sarver Heart Center



December 22, 2021



*May Your Holidays and
New Year be Healthy and Bright*

May the light, resilience and unity of the holiday season uplift you. As we look forward to 2022, may health, hope and happiness brighten your days.

With sincere thanks,
All of us at the Sarver Heart Center

Photo by Katie Maass: A rare snowfall on the Catalina Mountains in Tucson

Dr. Julia Indik Receives Laennec Master Clinician Award



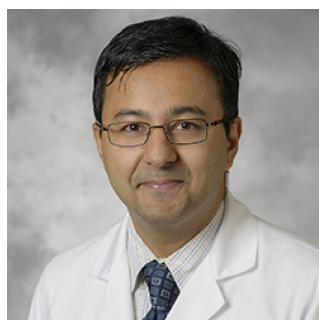
The American Heart Association presented the 2021 Laennec Master Clinician Award to **Julia Indik, MD, PhD**, at its Scientific Conferences in November. Dr. Indik is professor of medicine and director of the University of Arizona Sarver Heart **Cardiovascular Disease Fellowship Program** at the University of Arizona College of Medicine – Tucson, where she also is the Flinn Foundation and AHA Endowed Chair in Electrophysiology and Heart Disease Research.

“The Laennec Master Clinician Award is one of the highest honors in cardiology and is awarded only to the most distinguished and brilliant teachers of cardiovascular medicine. Dr. Indik is highly deserving of such recognition for her skills as a physician educator of trainees and peers,” said **Nancy Sweitzer, MD, PHD**, professor of medicine and director the Sarver Heart Center. “It is a wonderful illustration of the type of internationally renowned and distinguished faculty we are so lucky to have at the Sarver Heart Center and Banner University Medicine in Tucson.”

“As I look over the list of past honorees, I’m overwhelmed,” said Dr. Indik. “During the past 20 years, the idea of ‘bedside’ cardiology has changed so much, particularly the way technology is incorporated into patient care and diagnostics.”

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GUIDE-HF Clinical Trial Studies Monitoring Device in Patients Diagnosed with Heart Failure



Dr. Deepak Acharya is the Sarver Heart Center site leader for the GUIDE-HF IDE clinical trial underway to study the effectiveness of the CardioMEMS™ HF System in an expanded population of patients with heart failure.

Prior CardioMEMS studies have shown the small, implantable device is safe and effectively helps monitor and manage patients who have heart failure that limits daily life irrespective of the ejection fraction (a measurement of how

much blood flow the heart pumps with each contraction). Such monitoring and management has led to improvements in quality of life and substantial decrease in heart failure hospitalizations.

The current GUIDE-HF trial is enrolling patients with a wider range of heart failure, from mild to severe symptoms, who are on medical therapy, have had a prior heart failure hospitalization or elevated levels of a hormone released by the heart (NT-proBNP) that reflects hemodynamic stress.

This is one example of the more than 20 clinical research studies underway in Sarver Heart Center's Cardiovascular Clinical Research Program. To learn more about clinical research at Sarver Heart Center, visit **SARVER HEART CENTER CLINICAL RESEARCH**.

Read More About GUIDE-HF

Learn More About Participating in Clinical Research

Your Support Has Big Impact - 35 Years of Clinical Research and Growing



Clinical research, which helps us determine the effectiveness and safety of new medications and treatments for humans, has been part of Sarver Heart Center's mission throughout its 35-year history. Under the leadership of **Dr. Nancy Sweitzer**, donor support has helped the center develop a robust research core that serves clinical faculty dedicated to advancing cardiovascular medicine.

Thanks to a generous gift from Roberto and Josefina Ruiz in late 2020, the clinical research team now has an updated, highly efficient space that serves as a hub for these studies – sometimes more than 20 at a time – with investigators who specialize in cardiology, cardiothoracic surgery and pediatric cardiology. Dr. Sweitzer (*left*) is pictured in the recently opened **Roberto and Josefina Ruiz Suite for the Cardiovascular Medicine Research Program** with other members of the team.

Please consider a gift to support the Sarver Heart Center mission of innovating life-saving patient care.

Learn How To Give

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