



Feb. 11, 2019 | Visit our website

We Have a Lot of Heart, Especially During February



Go Red for Women (from left) Jennifer Bungler, Sophia Airhart, MD, Nancy Sweitzer, MD, PhD, Sarah Salce, NP, Frank Marcus, MD, Angelica Lentner, NP, Khadijah Breathett, MD, MS.

While we focus on preventing, treating and researching heart disease every day at University of Arizona Sarver Heart Center, during February we place a special emphasis on awareness of the leading cause of death in the United States. Whether you're inspired by #GoRedForWomen and the focus on [women and heart disease](#); Heart Failure Awareness Week, Feb. 10 - 16, and the [advances in giving patients greater quality of life](#); or [knowing your numbers to prevent heart disease](#), visit our [Heart Health pages](#) to learn more.

[Read more](#)

Upcoming UAHS Community Programs



College of Medicine
Tucson

**Feb. 16 - UA Arthritis Center presents
'The Power of Precision Medicine,'** Living

Healthy with Arthritis Conference, 9 a.m. - 3 p.m. **Kenneth S. Ramos, MD, PhD, PharmB**, internationally-recognized expert on genetics and genomic medicine, will deliver the keynote address at Banner - University Medical Center Tucson, DuVal Auditorium, 1501 N. Campbell Ave. Limited seating. [Click here to register.](#)

March 5, 5-7 p.m., Doc Talks presented by **UA College of Medicine Tucson** and **Banner University Medicine**. Topics include **"Keeping Your Heart in Sync: What You Need to Know about Atrial Fibrillation,"** with [Mathew Hutchinson, MD](#), and "Aortic Diseases and Your Treatment Options," with [David Bull, MD](#). After Feb. 4, RSVP at BannerHealth.com/DocTalks or call 800-230-2273.

[Read more](#)

Mark Your Calendars for Green Valley 2019 Lectures

- Feb. 21 - **"Aortic Diseases: Can We Intervene Before They Turn Deadly?"** - [Craig Weinkauf, MD, PhD](#)
- March 21 - **"Stroke Prevention and Atrial Fibrillation"** - [Ranjith Shetty, MD](#)
- April 18 - **"Arthritis and Heart Disease: Is inflammation the common culprit?"** [Kent Kwoh, MD](#)

All Green Valley Lectures are held on Thursdays from 10 a.m. to 11 a.m. at Canoa Hills Social Center, 3660 S. Camino del Sol in Green Valley

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National Heart Valve Disease Awareness Day, Green Valley Event



The University of Arizona Sarver Heart Center Structural Heart Disease Program is hosting a **Heart Valve Disease Awareness Day, Feb. 22 in Green Valley**. In conjunction with National Heart Valve Disease Day, the UA team will raise awareness of this disease that affects 11.6 million Americans. Yet, 40 percent of adults have never heard of the disease. Visit information booths from noon to 4 p.m. and attend a lecture by members of the UA

Structural Heart Team at 2 p.m. This free event will be held at the Santa Rita Springs Social Center.

[Read more](#)

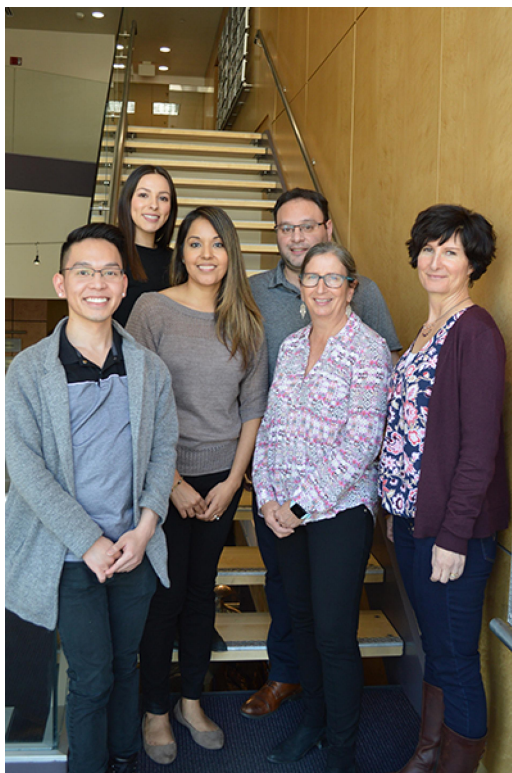
Find More Science News on Sarver Heart Center's News Webpage

More science news is available on UA Sarver Heart Center's News webpage, including:

- [Flu Shot May Help You Avoid a Silent Killer](#)
- [Investigator Awards Foster Career Development](#)
- [Using a Patient's Own Cells in Regenerative Medicine Therapies](#)
- [UA Scientists Discover Diabetes Drug Could be Used to Treat Common Heart Failure Syndrome](#)
- [69-Year-Old Congenital Heart Patient's Story Illustrates Power of Physician Collaboration](#)
- [UA Scientist Identifies Cellular Gene Signatures for Heart Muscle Regeneration](#)

[Read more](#)

Help Beat Heart Disease!



Have you ever wondered what you can do, personally, to beat heart disease? Consider becoming part of the **UA Sarver Heart Center Biorepository**. Our clinical research team will warmly welcome you to participate whether or not you have heart disease or a known risk factor. Enrollment means completing a questionnaire, signing an informed consent form that allows researchers to view your electronic medical record and donating about three tablespoons of blood. These blood samples will help scientists better understand heart disease to improve care and

treatment now and in the future. Click on the [Cardiology Research](#)

Registry link to get started.


[Read more](#)

Support Sarver Heart Center's Mission



We are grateful for your support as we work to improve heart health in Arizona and around the world. Your gifts help us achieve our mission of life-saving, innovative patient care for generations to come.

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