



March 20, 2019 | Visit our website

Dr. Breathett Selected as One of '40 Under 40 Leaders in Minority Health'



[Khadijah Breathett, MD, MS](#), a physician scientist who conducts health disparities research and educates communities about advocating for equitable care for heart disease patients, was recognized as one of "40 Under 40 Leaders in Minority Health" by the National Minority Quality Forum. Dr. Breathett has developed pilot trials, outcomes studies, observational population studies, and community interventions focused on reducing racial and gender disparities in cardiovascular disease. She maintains a pulse on the community by providing educational presentations, consultations at health fairs, and volunteering at free cardiology clinics. Dr. Breathett is passionate about reducing racial/ethnic and gender disparities in heart failure.

[Read more](#)

Green Valley 2019 Lectures

- March 21 - "**Stroke Prevention and Atrial Fibrillation**" -

Ranjith Shetty, MD

- April 18 - "**Arthritis and Heart Disease: Is inflammation the common culprit?**" **Kent Kwoh, MD**

All Green Valley Lectures are held on Thursdays from 10 a.m. to 11 a.m. at Canoa Hills Social Center, 3660 S. Camino del Sol in Green Valley

[Read more](#)

Upcoming Community Programs from UA Health Sciences

[Escape from Inflammation Nation](#) - Conquering the Inflammation Epidemic, Wednesday, April 3 at 6 p.m., presented by UA Arthritis Center at Banner - University Medical Center Tucson DuVal Auditorium

[Prevention vs. Intervention](#) - A debate featuring **Doctors Andrew Weil and Irving Kron**, Tuesday, April 23 at 7 p.m. in Centennial Hall, University of Arizona

[Read more](#)

The Diabetes/Heart Disease Connection



What's the connection between heart disease and diabetes? Learn why people who are living with diabetes too often progress to heart disease. Join us **Saturday, Sept. 28** for a "Lunch & Learn"

program presented by the UA Sarver Heart Center Women's Heart Health Education Committee.

[Read more](#)

Help Beat Heart Disease!

Have you ever wondered what you can do, personally, to beat heart disease? Consider becoming part of the **UA Sarver Heart Center Biorepository**. Our clinical



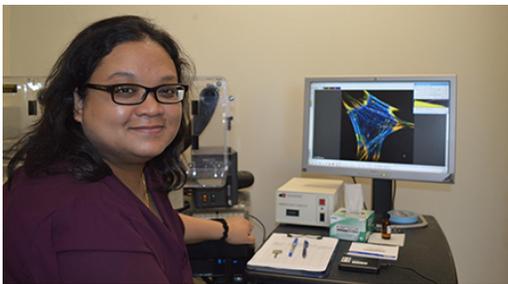
Sarver Heart Center Community Volunteer Nancy Ermoian (left) decided to participate in the Biorepository (pictured with Cindy Schrag, clinical research coordinator).

research team will warmly welcome you to participate whether or not you have heart disease or a known risk factor. Enrollment means completing a questionnaire, signing an informed consent form that allows researchers to view your electronic medical record and donating about three tablespoons of blood. These blood samples will help scientists better understand heart disease to improve care and treatment now and in the future. Click on the **Cardiology**

Research Registry link to get started.

[Read more](#)

Support Sarver Heart Center's Mission



Lei Mi-Mi, PhD, is expanding our understanding of heart muscle cells, seeking ways to prevent diseases of muscle tissue.

We are grateful for your support as we work to improve heart health in Arizona and around the world. Your gifts help us achieve our mission of life-saving, innovative patient care for generations to come.

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