Taking 'Do No Harm' to Heart

Ike Chinyere (center) talks with his research mentors, Drs. Steven Goldman and Elizabeth Juneman.

As an undergraduate, Ike Royal Chinyere began performing research in the University of Arizona Sarver Heart Center under the mentorship of accomplished physician-scientists, including Steven Goldman, MD, professor of medicine, Elizabeth Juneman, MD, associate professor of medicine, and Jil Tardiff, MD, PhD, professor of medicine and cellular and molecular medicine. Now, as an MD/PhD candidate at the UArizona College of Medicine - Tucson, Chinyere has been developing a platform to evaluate drug effectiveness and toxicity for different conditions, such as heart failure and atrial fibrillation. His research was featured in the latest Wildcat Country publication.
From 16-year-old high school students to post-doctoral scientists, the Slepian Lab at Sarver Heart Center is an environment for exploration. "Providing a lab experience early on for students allows them to see firsthand that they too can get involved, become scientists, engineers and innovators and make a difference," Marvin Slepian, MD, says. "It converts what seems too far-reaching and complicated to something real, fun and tangible!" The Slepian Lab also was featured in *Wildcat Country*.

Sarver Heart Center Members Share Expertise at National Conferences

*Nancy K. Sweitzer, MD, PhD*, director of the Sarver Heart Center had a busy time at American Heart Association 2019 Scientific Conferences. She was elected president of the Association of Professors of Cardiology, held *Circulation: Heart Failure* meetings as editor-in-chief, mentored "Women in Cardiology" and "Fellows in Cardiology," presented and chaired heart failure sessions.

She wasn't the only member who was invited to present at #AHA19. Sophia Airhart, MD, Joseph Alpert, MD, Khadijah Breathett, MD, MS, Taben Hale, PhD, Julia Indik, MD, PhD, Karl B. Kern, MD, Yana Roka Moiia, PhD, Michael Seckeler, MD, MSc, and Wilbur Su, MD, also presented or moderated various sessions.

Throughout 2019, Sarver Heart Center members have been invited to present at numerous national and international forums.
Community Lectures Scheduled for Green Valley, OLLI

Sarver Heart Center has scheduled four community lectures in **Green Valley January-April, 2020**. Topics will cover advanced heart disease (including cardiac amyloidosis), strokes, heart rhythm disorders. We hope you can join us.

A **six-week lecture series** also is underway for members of Osher Lifelong Learning Institute (OLLI).

Help Beat Heart Disease!

Have you ever wondered what you can do, personally, to beat heart disease? Consider becoming part of the **UA Sarver Heart Center Biorepository**. Our clinical research team will warmly welcome you to participate whether or not you have heart disease or a known risk factor. Enrollment means completing a questionnaire, signing an informed consent form that allows researchers to view your electronic medical record and donating about three tablespoons of blood. These blood samples will help scientists better understand heart disease to improve care and treatment now and in the future. Click on the **Cardiology Research Registry link** to get started.
During this season of Thanksgiving, we are especially grateful for your support as we work to improve heart health in Arizona and around the world. Your gifts help us achieve our mission of innovating life-saving patient care for generations to come. If you would like information on establishing a legacy gift, please contact John B. Fung at 520-621-1946. We invite you to be part of our mission!